

VI - S - B.Sc. - (Nursing) -
(Mental Health Nursing - I & II) - (Regular)

2025

Full Marks - 75

Time - As in the Programme

The figures in the right hand margin indicate marks.

Answer any TWO questions from question number

1 to 3 and other questions as per instruction.

1. Define Schizophrenia. List out the positive and negative symptoms of Schizophrenia. Write the nursing management of a case with Schizophrenia.
[2+6+7]
2. Define substance abuse. Enumerate physical, mental assessment of substance abuse patient. Write down the management of a case with alcohol abuse.
[10+5=15]
3. Enumerate the types, techniques, characteristics and barriers of therapeutic communication. Write on therapeutic nurse-patient relationship. [15]
4. Write short notes on any FIVE : [5 x 5 = 25]
 - a. Dementia
 - b. Classification of personality disorders.

[Cont...

[2]

- c. Electro Convulsive therapy.
 - d. Phases of development of crisis.
 - e. Role of mental health nurse.
 - f. Model of Preventive psychiatry.
 - g. Mental status examination.
5. Short answers on : [2 x 4 = 8]
- a. List four anxiety disorders.
 - b. What do mean by Group therapy.
 - c. Define bipolar affective disorder with examples.
 - d. Four principles of mental health nursing.
6. Multiple Choice Questions : [1 x 12]
- A. Not a defense mechanism
 - I. Derailment
 - II. Repression
 - III. Distortion
 - IV. Undoing
 - B. Delusion is a disorder of
 - I. Thinking
 - II. Memory
 - III. Perception
 - IV. Intellect
 - C. The features of hallucination are except
 - I. It is independent of the well of the observer
 - II. Sensory organs are not involved
 - III. It is as vivid as that in a true sense perception
 - IV. It occurs in the absence of a perceptual stimulus

[Cont...

[3]

- D. Neologism are characteristically seen in
- I. Depression
 - II. Mania
 - III. Schizophrenia
 - IV. Dysphasia
- E. Delusion is not present in
- I. Delirium
 - II. Mania
 - III. Depression
 - IV. Compulsive disorder
- F. Reflection of the content of a patient's communication back to him is called
- I. Empathy
 - II. Validation
 - III. Informing
 - IV. Message
- G. A client expressess the belief that armed forces are out to kill him. This is an example of :
- I. Hallucinations
 - II. Delusion of persecution
 - III. Delusion of infidelity
 - IV. Derealization
- H. The delayed complication of ECT could be
- I. Temporary Amnesia
 - II. Anemia
 - III. Diarrhea
 - IV. Vomiting
- I. The type of convulsion produced in ECT is
- I. Jacksonian type
 - II. Grand mal type
 - III. Focal type
 - IV. All the above

[Cont...

[4]

- J. Beck's cognitive therapy for depression requires the individual to
- I. Make an objective assessment of their beliefs
 - II. Keep a dream diary
 - III. Keep a mood diary
 - IV. Set attainable life goals
- K. The major health complication associated with intractable anorexia nervosa would be...
- I. Cardiac dysrhythmias resulting to cardiac arrest
 - II. Glucose intolerance resulting in protracted hypoglycemia
 - III. Endocrine imbalance causing cold amenorrhea
 - IV. Decreased metabolism causing cold intolerance
- L. Mode of action of Fluoxetine is
- I. GABA inhibition
 - II. Adrenergic neuron blocking agent
 - III. Inhibition axonal uptake of 5HT
 - IV. Alpha adrenergic stimulation



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